

Lunch Menu: Autumn/Winter Term

Week 1 (week commencing 23/9 7/9 21/9) *

	Meat/Fish Main	Veg Main	Dessert
Monday	Tomato Pasta with Broccoli & Peppers G		Cake & Custard G/D
Tuesday	Pork Sausage & Mash with Broccoli & Carrots G/D	Vegetarian Sausage & Mash with Broccoli & Carrots G/D	Yogurt D
Wednesday	Chicken Tikka & Rice D	Quorn Tikka & Rice G	Fruit
Thursday	Beef Bolognese with Spaghetti & Garlic Bread G	Quorn Bolognese with Spaghetti & Garlic Bread G	Raisins
Friday	Fishfingers & Chips F/G	Vegetarian Fingers & Chips G	Ice-Cream D

Week 2 (week commencing 16/9 30/9 14/9) *

	Main	Veg Main	Dessert
Monday	Bacon & Tomato Pasta G	Tomato and Vegetable Pasta G	Cake & Custard G/D
Tuesday	Roast Chicken, New potatoes, Vegetables & Gravy (G)	Roast Quorn, New Potatoes, Vegetables & Gravy (G)	Yogurt D
Wednesday	Baked Potatoes with Cheese (D)/Baked Beans/Tuna (F)		Fruit
Thursday	Beef Chilli & Rice	Vegetable Chilli & Rice	Raisins
Friday	Chicken Nuggets & Chips with Spaghetti Hoops (G)	Vegetarian Nuggets & Chips with Spaghetti Hoops (G)	Ice-Cream D

Bread & Plain Pasta is also available every day **G**

Contains: **F** - Fish
G - Gluten
D - Dairy

* Rolling two week menu plan throughout the half/terms